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Shredded Chicken Crispy Tacos with Cilantro Lime Sour Cream

Makes 8 tacos

Folded tacos are simple to master. Fry the shells to perfection and stuff them until they are overflowing with flavor. Cilantro lime sauce is a tantalizing flavor enhancer.

- 1 cup sour cream (250 ml)
- 2 Tbsp plain yogurt (30 ml)
- 1 Tbsp minced cilantro (15 ml)

Juice of 1 lime

- 3 cups shredded cooked chicken, warmed (750 ml)
- 4 green onions, green part only, minced

Salt and freshly ground black pepper

8 taco shells

- 1-1/2 cups shredded lettuce (375 ml)
- 1 cup shredded Monterey Jack cheese (250 ml)
- 1 tomato, seeded and diced
- 1. In a small bowl, combine sour cream, yogurt, cilantro and lime juice. Transfer to an airtight container or squeeze bottle and refrigerate for 30 minutes or for up to 2 hours.
- 2. In a large bowl, toss chicken with green onions and salt and pepper to taste.
- 3. To build tacos, divide chicken mixture equally among taco shells. Top with lettuce, cheese and sour cream mixture. Garnish with tomato.

<u>Tip</u>: I prefer making my own crispy taco shells. They will be hot, crispy and delicious. However, when I am short on time I do buy high quality prepared taco shells. Check your local grocery store and test the different brands. I tend to like the true Mexican brands because they taste more authentic to me.