

# **Cookin Something Up Events**



## **Mediterranean Summer, Thursday July 19<sup>th</sup>, 6pm-9pm \$35.00 (SOLD OUT)**

Keeping it light the Mediterranean way!

Menu: Homemade Hummus and Pita Chips, Fresh Green Bean Salad, Saffron Chicken Kebobs, Marinated Sword Fish Kebobs with Taziki Sauce, and Olive Oil Cake with Fresh Fruit Compote

## **KIDS CAMP JULY 23<sup>rd</sup> – 28<sup>th</sup>, 10am – 1pm Monday through Friday \$140.00**

### **Saturday Parents Picnic 11am – 1pm (ages 5-8)**

Kids will enjoy making food from around the world in this week long kid's camp. Saturday is a day for the kids to show off and let you taste all the great things they learned during the week.

## **KIDS CAMP JULY 23<sup>rd</sup> – 28<sup>th</sup>, 3pm – 6pm Monday through Friday \$140.00**

### **Saturday Parents Picnic 11am – 1pm (ages 9-12)**

## **French Cooking, Thursday August 2<sup>nd</sup>, 6pm-9pm \$35.00**

Mussels in White Wine, Roasted Chicken with Pepper Olive Oil and Thyme Sauce Served with Ratatouille, Pepper Spiced Strawberries over Brown Sugar Pie and Homemade Macarons

## **Moroccan Cooking, Thursday August 9<sup>th</sup>, 6pm-9pm \$35.00**

Menu to follow

## **Chow Bella: A Book Group for Foodies! Thursday, August 16th 6pm - 7:30 pm \$12.00**

River Lights Bookstore and [Cooking Something Up](#) present Chow Bella: A Book Group for Foodies. Wine and chocolate tasting during discussion! Sign up for the book group and receive the book for only \$12!

## **Fresh, Organic and Local Cuisine, Thursday August 23rd 6pm-9pm \$35.00**

Menu to follow

## **Sushi, Tuesday August 28<sup>th</sup> 6pm-9pm \$35.00**

## **BBO with BoarCephusBBO, Thursday, October 18th, 6pm-9pm \$35.00**

Learn from the best pit master in Dubuque County! Steve Geisz owner and pit master for BoarCephus Bar-B-Q [www.boarcephusbbo.com](http://www.boarcephusbbo.com) will teach you how to make the best meat in town. We will be making **Fried and Smoked Turkey, Smoked Sausage Dressing** plus delicious sides and a dessert as well. Steve will have his rig to show-off as well as show you how it works. You will be going home with, not only a full stomach, but a whole lot of Bar-B-Q ideas.

Please call 563-583-3761 to register for classes, catering, private parties and team building.

**Cookin Something Up** is located at 1640 JFK Rd. Dubuque, IA 52002. Check out our website for additional Events: [www.cookinsomethingup.com](http://www.cookinsomethingup.com). Let us help you with your last minute shopping needs: Gift Cards, Wine and Cheese Baskets, or customize the perfect basket for that hard-to-buy-for person.

<b>Seafood List</b>	<b><u>Size</u></b>	<b><u>Per Package</u></b>	
Alligator Tail Meat	1 lb.	\$14.00	
Calamari (Squid Tubes 3/5)	2.5lb.	\$12.50	2.5lbs.
Catfish Filets	8 oz.	\$3.00	
Cod Boneless/Skinless	8 oz.	\$5.00	
Clams Wild Quahogs	Pint	\$7.00	
Crab Legs-King		Market	1lb.
Crab-Claw Crab Meat-Wild Caught	1lb. Can	\$17.00	
Crab-Supreme Crab Meat-Wild Caught	1lb. Can	\$18.00	
Crab Kanikama-Sushi Crab Stix (Great for Sushi)	1 lb.	\$8.00	
Crayfish Tail Meat	1 lb.	\$15.00	
Eel - Unagi Kabayaki BBQ Eel (Great for Sushi)	10 oz.	Market	
Grouper	8 oz.	\$7.00	
Haddock	6/8 oz.	\$5.00	
Halibut	8 oz.	\$13.00	
Lobster Tails -Rock (ask about other sizes)	7 to 9oz	Market	Tail
Mahi Mahi	8 oz.	\$6.00	
Monkfish Filet	size varies	\$0.75	per oz.
Whole Mussels Wild in Shell	2 lb.	\$10.00	
Orange Roughy	8/10 oz.	\$7.30	
Oysters on 1/2 Shell	Dozen	\$12.50	
Perch-Lake Victoria	8-10 oz.	\$7.99	
Pollack Loins, Wild Caught	4 oz. pkg	\$1.50	
Red Snapper	8 oz.	\$8.00	
Salmon (Side)	2-3 lb Sides	Market	
Salmon Filet-Sushi Grade	8 oz. pkg	\$6.00	
Salmon Scotch Reserve Smoked	4 oz. pkg	\$8.00	
Scallops-Sea	10/20 Ct	\$16.00 lb	
Scallops- Sea 5 lb bag	10/20 Ct	\$70.00	5lb. Bag
Sea Bass "Chilean" Wild Caught	8 oz. pkg	\$14.00	
Shark- Thresher	8 oz. pkg	\$4.00	
Shrimp- <u>Cooked</u> Cocktail, Peeled and Deveined	16/20 Ct. Bag	\$32.00	2lb Bag
Shrimp- <u>Raw</u> Tiger Peeled and Deveined	16/20 Ct. Bag	\$30.00	2lb Bag
Shrimp-Head-on Fresh Water	4 to 6 ct.	\$17.00	
Sole Filets	5 oz.	\$5.60	
Swordfish Steaks-Wild Caught	8 oz. pkg	\$6.50	
Tilapia	7-9 oz. pkg	\$5.00	
Tobiko Flying Fish Roe (Great for Sushi)	1 oz.	\$4.00	
Trigger Fish Filet Wild Caught	8 oz.	\$7.25	
Trout Butterfly Fillets	8 oz	\$6.00	
Tuna Escolar Loin Sushi Grade (White Tuna)	size varies	\$1.00	per oz.
Tuna Saku Sushi Grade (Great for Sushi)	8-10oz	\$11.00	
Tuna Steaks	7-8 oz.	\$7.50	
Walleye Canadian	8-10 oz.	\$11.00	
<b>Ask what we have in stock!</b> If we don't have it in stock, seafood can be ordered			
<b>Seafood prices are determined by our Distributor and are subject to change.</b>			
<a href="http://www.cookinsomethingup.com">Check out our website for additional info on cooking classes and upcoming events:</a>		<a href="http://www.cookinsomethingup.com">www.cookinsomethingup.com</a>	