

KITCHENART

THE STORE FOR COOKS

1550 Win Henschel Blvd.

West Lafayette, IN 47906

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Roasted Cauliflower with Sauce Vierge

Serves 4 to 6 as a side dish

Talk about a transformation. Starting point: pale, crumbly, bland raw cauliflower (my apologies to any grocery-store salad bar designers). Process: toss with olive oil and roast for 20 minutes. End result: golden, moist-chewy, sweet cauliflower that you never dreamed was possible. Roasting is the best method for this vegetable, and drizzling with a sprightly green sauce just makes things better.

2 heads cauliflower (1-1/4 lb/570 g each), cored and cut into 1-1/2-in/4-cm florets
1/3 cup/75 ml extra-virgin olive oil
1 tbsp chopped fresh thyme or lemon thyme
Kosher salt and freshly ground black pepper
1/3 to 1/2 cup/75 to 120 ml Sauce Vierge (see below)

Heat the oven to 425°F/220°C/gas 7.

Don't worry if when you cut the cauliflower into florets, you end up with a few smaller ones. They will create delicious crispy bits. In a large bowl, toss the cauliflower with the olive oil and thyme and season generously with salt and pepper. Spread the cauliflower on one or two large rimmed baking sheets.

Roast until the florets are tender, collapsed, and golden brown on their cut faces and around the edges, at least 20 minutes and possibly longer. The darker the cauliflower the better it will taste (short of burnt, of course).

Pile the cauliflower into a warmed serving bowl and drizzle generously with the sauce. Serve warm or at room temperature.

Sauce Vierge

Makes about 1-1/3 cups/315 ml

This herb-based sauce, which you'll see in many permutations, is looser and more tangy and briny than a pesto and doesn't call for cheese. In France, you'll see it called both sauce vierge and sauce verte: *vierge* (virgin) because there's no heat applied to it . . . hmmm . . . and *verte* (green) because it is green, *bien sûr*.

Other cuisines have a similar sauce, so this version is just my mash-up that incorporates a bit of everything. The idea is to go for zing. If you enjoy using a knife (and I hope you do – it's meditative!), You'll love this sauce because you chop everything by hand for the best texture.

Continued on Page 2

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Page 2, continued

1/3 cup/14 g finely chopped fresh flat-leaf parsley
1/3 cup/14 g finely chopped fresh basil
1/4 cup/30 g finely chopped pitted buttery green olives such as Cerignola or Castelvetrano
2 tbsp finely chopped cornichon
1 tbsp minced shallot or onion
1 tbsp drained capers, coarsely chopped
2 tsp minced fresh hot chile such as jalapeño
1 tsp lightly packed finely grated lemon zest
6 olive-oil-packed anchovy fillets, drained and minced
1 small clove garlic, minced
3/4 cup/180 ml extra-virgin olive oil
1 tbsp fresh lemon juice, or more if needed
1 tbsp fresh lime juice, or more if needed
Kosher salt and freshly ground black pepper

In a bowl, toss together the parsley, basil, olives, cornichon, shallot, capers, chile, lemon zest, anchovies and garlic. Stir in the olive oil, and then stir in the lemon and lime juices.

Taste and add enough salt to make the sauce highly savory (the amount added will depend on the saltiness of your other ingredients) and season with several grinds of pepper. Let the sauce rest at room temperature for 30 minutes to allow the flavors to develop, then taste and adjust the seasoning again with salt, pepper, and the citrus juices if needed. Refrigerate until you're ready to use it.

STORAGE: This sauce is best if served within the hour, but it can be refrigerated in an airtight container for up to 2 days. This sauce doesn't freeze well.

QUICK CHANGE: Fold in 1/2 cup/85 g peeled, seeded, and finely diced tomato.
Add some fresh mint and/or tarragon with the other herbs.
Add some finely chopped hard-cooked egg just before serving.
Swap out the fresh chile for a pickled pepperoncino.