

# → QUALITY KITCHENWARE ← COOKING CLASSES & CULINARY INSPIRATION

WAVERLY PLACE (UPPER LEVEL) • 316 COLONADES WAY CARY, NC 27518 • 919.322.2458

### **Smoked Ham and Cheese Stromboli**

Makes 2 stromboli – Serves 6 as an entrée, or 10-12 as an appetizer

# Ingredients:

- 1 lb. provolone cheese, shredded
- 1 lb. smoked ham
- 1 recipe Calzone Bread Dough (below)
- 1 egg, beaten with 2 tsp. water for egg wash

#### Directions:

- (1) PREPARE the bread dough as noted below.
- (2) FORM the stromboli by dividing the dough into two equal pieces. STRETCH or roll the dough into a rectangle approximately 12" x 14" in size. (If the dough contracts and is difficult to roll out, let it rest a couple of minutes, then continue stretching and rolling.)
- (3) LAYER one-half of the shredded cheese evenly across the rectangle leaving 1/2-inch along one edge in the clear.
- (4) ADD half the ham slices on top of the cheese in an even layer.
- (5) ROLL the stromboli by starting along the long edge of the rectangle (opposite the clear edge). Roll tightly, jelly roll-style. Transfer to a lined baking sheet, seam side down.
- (6) REPEAT the process with the remaining halves of dough, cheese and ham.
- (7) BRUSH the top of the stromboli lightly with the egg wash. CUT deep slits at intervals along the stromboli for venting purposes.
- (8) BAKE in a pre-heated 400°F oven for 20-30 minutes, or until the crust is nicely golden brown. Let rest for 10 minutes to allow the cheese to set.
- (9) SLICE the stromboli at an angle once cool enough to handle. Also, delicious served at room temperature.

# Calzone Bread Dough

3 cups bread four (plus extra for kneading)

2 tsp. Kosher salt (1 tsp table salt)

2-1/4 tsp. active dry yeast (1 pkg.)

1 tsp. sugar

1 cup warm water (110 – 115°F)

2 tbsp. olive oil

Plus 1 tsp oil for greasing bowl

## Directions:

- 1. STIR the flour and salt together in medium mixing bowl until evenly distributed.
- 2. PLACE in another, larger mixing bowl, (or the bowl of a stand mixer outfitted with the paddle attachment), the yeast, sugar, and warm water. Allow the mixture to stand until the surface begins to bubble, about 5 minutes.

### Continued on Page 2



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### Page 2, continued

- 3. POUR 2 tablespoons of olive oil into the yeast-water mixture.
- 4. ADD 1 cup of the flour and stir until well mixed. CONTINUE to add flour a half cup at a time stirring after each addition until a sticky dough ball is formed.

### If mixing by hand:

(5a) TURN the dough out onto a lightly floured surface. KNEAD for 5 minutes or until the dough forms an elastic character.

### If mixing with a stand mixer:

(5b) CHANGE the mixer attachment from paddle to dough hook. KNEAD the dough with the dough hook on a low speed for 3-4 minutes until an elastic dough ball forms.

### To use immediately:

- (6a) PLACE the dough into a lightly oiled bowl, COVER and allow the dough to rise for 1 to 1-1/2 hours, or until doubled.
- (7a) PUNCH down the dough, divide into 4 smaller, equal pieces, and continue as above.

# If using later:

- (6b) PLACE the dough into a lightly oiled bowl, COVER and place in the refrigerator for 4 hours, or up to 3 days. PUNCH the dough down if needed during chilling to keep it contained in the bowl.
- (7b) REMOVE the chilled dough from the refrigerator and allow it to reach room temperature about 1 hour. Continue as above.

### If freezing for later use:

- (6c) OIL lightly the inside of a freezer-grade plastic zipper bag. Divide dough into desired. PLACE in the oiled bag and place flat in the freezer.
- (7c) REMOVE the frozen dough from the freezer when ready to use and allow to defrost, about 1-2 hours depending on the amount of dough and the shape of the dough. Continue as above.