

313 MAIN STREET
AMES, IA 50010
515.233.4272

M-W 9:30am-6pm
TH 9:30am-8pm
FR 9:30am-6pm
SA 9:30am-5pm



Sparkling Tropical Sangria

Serves 2-4

INGREDIENTS:

1 pineapple, cut into chunks
½ cup blueberries
handful of mint leaves
1 lime sliced
juice of 1 lime
1 tbsp sugar
2 ounces coconut rum
1 bottle Cava (or sparkling white wine)

DIRECTIONS:

1. Combine cut fruit and sugar in a large pitcher.
2. Add coconut rum
3. Slowly add Cava and stir
4. Refrigerate 1-2 hours
5. Serve over ice scooping some fruit into each glass.