

313 MAIN STREET
AMES, IA 50010
515.233.4272

M-W 9:30am-6pm
TH 9:30am-8pm
FR 9:30am-6pm
SA 9:30am-5pm



Salada de Batatas - a Brazilian-style Potato Salad

Serves 8

It's said that no Brazilian meal of grilled meats, (*churrasco*), would be complete without a potato side salad. While many variations of potato salad exist in Brazil, (as they do everywhere), the standard formula includes carrots and peas, and a generous dose fresh lime juice in the dressing. Optional add-ins include corn kernels, diced hard-boiled eggs, green apples, or even raisins. For our version, we've incorporated "the basics," then added corn and green apple opt-ins to the standard profile. The apple is a particularly nice, crunchy, tart addition that blends perfectly with the zingy lime dressing.

Ingredients:

3 lbs. or about 6 large or 8 medium potatoes, peeled and cubed
(any waxy variety such as Yukon Gold)
4 large carrots, (about 1 cup, diced)
Salt for boiling water
1 cup green peas (fresh or frozen)
1 cup corn kernels (fresh or frozen)
1 Granny Smith apple, cored, peeled, diced

Dressing Ingredients:

2 cloves garlic, crushed
1 shallot, minced
1/4 cup lime juice, freshly squeezed
1 cup mayonnaise
2 teaspoons Dijon mustard
2 teaspoons Worcestershire sauce
2 teaspoons sugar
1/2 teaspoon Kosher salt
1/2 teaspoon black pepper
2 tablespoons fresh parsley, minced

Directions:

1. Prep potatoes and carrots by peeling and dicing. Cut the peeled potatoes into 3/4-inch cubes, and the carrots into 1/2-inch half moons.
2. Bring a large pot of water to a boil and salt. Place the potato cubes in the boiling water for 10 minutes. Add the carrots and continue to boil until both are just barely tender to the tip of a knife. Add the peas and corn and boil for another minute. Drain the vegetables in a colander, then spread them on a large rimmed sheet for quick cooling.
3. Mix the dressing by prepping the garlic and shallots and placing in the lime juice to soften. Meanwhile, whisk the mayonnaise, mustard, Worcestershire sauce, sugar, salt, pepper, and parsley together. Add the garlic, shallots, and lime juice, whisk again.
4. When the veggies reach room temperature, add the diced apple, and pour the dressing over all; toss to coat evenly. Serve or refrigerate for up to 2 days.