

→ QUALITY KITCHENWARE ← COOKING CLASSES & CULINARY INSPIRATION

<u>Luscious Citrus Poppyseed Muffins</u> <u>with a Lemon Glaze</u>

Makes 18 regularly-sized muffins

Bright tasting, these muffins are perfect for an early spring morning. We like the sweet-and-tart taste that makes these muffins one of our all-time favorites. Make them in the regular size for breakfast, or mini-sized for teatime. We've included a double dose of citrus in these muffins – both orange and lemon. Their zest and juice define the flavors of both the muffin and icing. The poppyseeds add a nutty, crunchy touch to this variation on a classic. You'll find that each bite of these muffins is a delight!

Ingredients:

3 cups all-purpose flour

1 tablespoon baking powder

1/2 teaspoon baking soda

1/2 teaspoon Kosher salt

1 cup sugar

3 tablespoons poppy seeds

3/4 cup butter, melted, then cooled

3 eggs, room temperature, beaten

1-1/2 cups plain yogurt, Greek-style

1 orange, zest and 2 tablespoon juice

1 lemon, zest and 2 tablespoons juice

1 teaspoon pure vanilla extract

Glaze:

1 cup powdered sugar

1/2 teaspoon vanilla

1-2 tablespoons lemon juice

Directions:

- 1. Preheat the oven to 400°F. Prepare baking pans by lightly greasing the interior sides of the baking pans, or positioning baking cup liners in each well.
- 2. In a large bowl, mix the flour, baking powder, baking soda, salt, sugar, and poppyseeds together by whisking well to evenly distribute all the ingredients throughout the flour.
- 3. Melt the butter on the stovetop or for 30 seconds in the microwave. Allow to cool.
- 4. In a separate, large bowl, whisk together the eggs, yogurt, orange zest and juice, lemon zest and juice, and vanilla. Whisk in the cooled, yet still liquid butter.

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- 5. Combine wet and dry ingredients by adding the dry ingredients to the liquid ingredients. Fold gently until uniformly mixed; do not over mix.
- 6. Spoon the batter into the prepared cups. The batter will be thick. Fill the pans about three-quarters full. Bake in a 400°F oven for 14-16 minutes for regularly-sized muffins, or 10-12 minutes for petite mini-muffins. The muffins are done when a fingertip touch on the top of a muffin springs back, or when a toothpick inserted into the center of a muffin comes back clean.
- 7. When done, allow the muffins to cool slightly in the pan, then remove them to a cooling rack to complete the cooling. (If glazing, the muffins should be completely cooled.)
- 8. Shortly before icing, mix the glaze by whisking the powdered sugar, vanilla and lemon juice together. Begin with one tablespoon of the lemon juice and add by the half-teaspoonful until the glaze is the right consistency, one that forms a 2-3 second ribbon when drizzled into the bowl. With a whisk or fork dipped in the icing, drizzle over the cooled muffins. Serve warm or cool.