

KITCHEN & SPICE

and other things nice



4136 NW 16TH BLVD
GAINESVILLE, FL 32605
352.379.8811
WWW.KITCHENSPICE.COM

Standing Rib Roast

Serves 10-12

About this time of year, we're thinking ahead to the holidays and special occasions where we'll be hosting others. On rare occasions (pun intended), we splurge and prepare a standing rib roast. It makes a stunning presentation and tastes fabulous. A good cut of meat really doesn't need much more than salt, pepper, and some attentiveness. However, we do enjoy slathering an herbal and aromatic mixture of butter, garlic, and herbs on the top cap and ends. The subtle flavors this adds are just the right touch. Add a few potatoes and mushrooms to the roasting pan, add a side salad, and the meal is made.

Ingredients:

- 1 standing rib roast, 5 bones; approximately 10 pounds
- 1 tablespoon freshly ground pepper
- 1 tablespoon Kosher salt
- 4 tablespoons butter, softened
- 1/2 cup Dijon mustard
- 2 tablespoons minced garlic
- 1 tablespoon chopped thyme leaves
- 2 tablespoons olive oil
- 1 teaspoon coarsely ground pepper
- 1 teaspoon Kosher salt
- 12-18 small Yukon gold potatoes
- 12 large Cremini (white button) mushrooms
- 1 cup beef stock

Directions:

1. Preheat the oven to 450°F. Prepare the rib roast by allowing it to come to room temperature; this will take about an hour. (When buying, ask the butcher to remove the rack of bones, trim the roast, then tie the bones and the roast together.) Place the roast, bone-side down, fat-side up, on a rack inside an oiled roasting pan. Sprinkle generously with the salt and pepper on all sides of the roast. If using, (and we recommend that you do), position the thermometer probe in the thickest portion of the meat ensuring that it is not touching a bone. Roast the meat in the hot oven for 20 minutes.
2. Meanwhile, in a small bowl, make a paste of the butter, mustard, minced garlic, thyme, pepper, and tablespoon of salt. At the end of the first 20 minutes in the oven, remove the roast from the oven and slather the herbed paste over the top and sides of the roast with a spatula.
3. Prepare the baby potatoes and Cremini mushrooms by tossing in a bowl with the olive oil and a teaspoon each of salt and pepper.

Continued on Page 2

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Page 2, continued

4. Reduce the temperature to 350°F. Add the oiled potatoes and mushrooms to the bottom of the roasting pan around the roast. Return the roast to the oven until the internal temperature reaches 120°F for rare, (or 130°F for medium), about 15 minutes per pound for rare, 17 minutes for medium. The internal temperature of the roast will continue to rise to 135°F while resting. (With such a special (read “expensive”) cut of meat, we highly recommend using a remote probe thermometer, or an instant read thermometer. Roasting conditions can vary widely, check the roast’s temperature well in advance of the calculated time. Here’s where a remote probe takes away all the guess work.)

5. Transfer the roast to a carving board, loosely tent with foil, and allow to rest for 20 minutes before carving. Remove the potatoes and mushrooms from the pan with a slotted spoon and transfer to a bowl or platter. Skim any fat from the roasting pan, leaving any remaining juices. Add 1 cup beef stock (or enough to make 2 cups of liquid), and deglaze the pan on the stovetop. Reduce the liquid to half and serve the juices on the side. Remove the string used to tie the roast. Carve the roast into 1/2-inch slices and serve with the potatoes, mushrooms, and reduced pan juices.