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1211 north main logan, ut 84321 435.752.9220

# Schnitzel and Spätzle

Serves 4-6

These two German favorites, schnitzel and spätzle come together in a delicious, classic pairing! The word "schnitzel" refers to "slice" and further defined in the culinary world as any meat that's pounded to an extreme thinness, breaded and quick-fried to golden perfection. In Germany, a schnitzel is often made of veal or pork. Our version features the later. A common accompaniment to schnitzel is often buttered spätzle, a quick dumpling-type noodle. The two, together, make a wunderbar dinner!

## Spätzle Dumplings.

4 cups all-purpose flour
1 teaspoon Kosher salt
4 eggs
1-1/4 cups whole milk, divided
Water and salt for cooking
Ice water bath
2 tablespoons butter
1 tablespoon chopped parsley

## Pork Schnitzel

4 center cut, 1/2-inch thick, boneless pork chops Salt and black pepper 3/4 cup all-purpose flour 1/2 teaspoon salt 2 eggs, beaten 1 cup fine bread crumbs Canola oil for frying (or other vegetable oil)

## Spätzle Directions:

- 1. In a stand mixer outfitted with the paddle, mix the flour and salt together until the salt is evenly distributed. In a separate bowl, whisk together the eggs and one cup of milk (reserve the remaining 1/4 cup).
- 2. With the stand mixer running on its lowest setting, drizzle in the egg-milk mixture until all is combined. Add the remaining 1/4 cup of milk gradually as needed until a loose dough is formed. The consistency is thicker than cake batter, but less stiff than bread dough A spoonful of dough on the countertop should spread but not puddle.

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- 3. Bring 3 quarts of water to a low boil; salt as you would for pasta. Drop threads(\*) of the spätzle dough into the boiling water. As the spätzle floats to the top, scoop out with a slotted spoon and transfer to a bowl holding water and ice.
- (\*) To make the spätzle threads, press the dough into the hot water through the holes of colander holes at least 1/4-inch in diameter. Or, begin to "pour" the spätzle dough from the bowl, but use a knife to cut away thin threads from the edge and drop into the hot water. We prefer the latter method because that's how grandma did it!
- 4. Drain the cooked and chilled spätzle in a colander. Melt the butter in a large sauté pan. Add the spätzle and toss gently in the butter. Allow to warm thoroughly and for some brown surfaces to develop. Serve immediately while warm with chopped parsley.
- 5. If you have any spätzle leftover, chill in the refrigerator and use in the next 3-4 days, or wrap tightly and freeze. Leftover spätzle is wonderful in soup.

#### Schnitzel Directions:

- 6. Trim the pork chops of any excess fat. Pound with a meat mallet to a thickness of just 1/4-inch. Season both sides with salt and pepper.
- 7. Set up an assembly line for the coating phase. Use three shallow plates. Place the flour and salt in the first one; stir to evenly distribute the salt. Place the beaten egg in the second plate, and breadcrumbs in the third.
- 8. Dip the first pounded pork chop in the flour and salt covering both sides. Gently shake any excess flour back onto the plate.
- 9. Dredge the pork chop in the beaten egg allowing any excess to drip back onto the plate.
- 10. Finally, place the pork chop on the bread crumbs, press lightly to coat, turn and repeat on the other side. Set aside the coated pork chop, repeat with the remaining chops.
- 11. In a large sauté pan, heat about 1/2-inch of oil to medium heat; 330°F is the ideal temperature.
- 12. Fry the breaded schnitzels in the hot oil one side at a time until they turn a nice golden brown. Do not crowd in the pan; depending on the size of your pan, fry two at a time, or if using a smaller pan, one at a time. Allow the schnitzel to lie flat in the pan while frying. Transfer the fried schnitzels to a paper towel-lined plate to drain. Plan to serve while still hot.