# 4107 Pioneer Woods Dr. Lincoln, NE 68506



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## Pork Carnitas Tacos serves about 8

## Ingredients:

1/2 tablespoon Kosher salt
1 teaspoon freshly ground black pepper
1 tablespoon cumin
1 teaspoon dried oregano
4 pound boneless pork shoulder, cut in half
1 cup freshly squeezed orange juice (about 2 large orange)
1/2 cup freshly squeezed lime juice (about 2-3 large limes)
7 cloves garlic (whole, leave intact)
1/2 cup beef broth
1 tablespoon olive oil

### Multi-Cooker (Pressure Cooker) Method

- 1. Cut the pork shoulder into 2 pieces. This will help ensure even cooking in a shorter amount of time. In a small bowl, combine the salt, pepper, cumin and oregano. Rub the spice mixture all over the pork shoulder pieces.
- 2. Place the pork shoulder in the multi-cooker. Pour the fresh squeezed orange juice, lime juice, and beef broth over the meat. Place the garlic cloves around the meat.
- 3. Cook on high pressure for 90 minutes, or until the pork can easily be shredded by two forks.
- 4. Remove the meat from the multi-cooker (reserve any cooking liquid), and place on a large, rimmed, oven-safe baking sheet. Shred with two forks. Scatter the meat evenly across the baking pan.
- 5. With the reserved cooking liquid, discard any excess fat. Drizzle 1 cup of the cooking liquid over the shredded meat (remove the garlic cloves), and then drizzle the meat with 2 tablespoons olive oil. Broil the meat on high for 3-5 minutes or until some of the pork pieces have browned and crisped in places -- watch carefully.
- 6. Enjoy the prepared meat in a variety of ways in tacos with your choice of toppings, in enchiladas, or simply with a side of rice and beans!

#### Slow Cooker Method:

- 1. In a small bowl, combine the salt, pepper, cumin and oregano. Rub the spice mixture all over the pork shoulder.
- 2. Place the pork shoulder in the slower cooker. Pour the fresh squeezed orange juice, lime juice, and beef broth over the meat. Place the garlic cloves around the meat.
- 3. Cook on low heat for 8-10 hours, or until the pork can easily be shredded by two forks.

Follow steps 4, 5, and 6 above to finish carnitas with the slow cooker method.