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Two Sorbets: Pineapple Mint & Cantaloupe Lime

Each makes about 1 quart

Pineapple-Mint Sorbet:

This pineapple-mint sorbet is ultra-refreshing! The sweet pineapple mingles with the bright mint in a pleasing, tropical way that will have you dreaming about your toes in the sand. Adjust the amount of honey added, based on how sweet the pineapple is -- the sweeter the fruit - the less honey you need to add.

Ingredients:

fresh pineapple, peeled, cut into chunks
tablespoon lemon juice
10-12 mint leaves
tablespoon of honey (more to taste)

Directions:

(1) Peel and cut the pineapple into chunks.

(2) In a blender or food processor, puree with the lemon juice, mint leaves, and honey.

(3) Place the mixture into the freezing unit. Churn by hand, or if using an electric maker, turn on the motor.

(4) Once the mixture becomes frozen, serve immediately, or transfer to a lidded container and store in the freezer until serving time.

Cantaloupe-Lime Sorbet:

This cantaloupe-lime sorbet is creamy and delicious! A just-right combination of sweet and tart is achieved in this interesting sorbet. The lime juice brightens and balances out the almost musky-floral flavor of the cantaloupe. Churn it and enjoy!

Ingredients:

cantaloupe, peeled, cut into chunks
limes, juiced
lime, zested
tablespoons of honey (more to taste)

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Directions:

(1) Peel and cut the cantaloupe into chunks.

(2) In a blender of food processor, puree the cantaloupe with the lime juice, zest, and honey.

(3) Place the mixture into the freezing unit. Churn by hand, or if using an electric maker, turn on the motor.

(4) Once the mixture becomes frozen, serve immediately, or transfer to a lidded container and store in the freezer until serving time.