

2210 HAINES AVENUE, RAPID CITY SOUTH DAKOTA 57701 605.341.5044

## Fresh Blueberry Crostata

Serves 8 - 10

This crostata is another wonderful way to enjoy blueberry season! It features fresh blueberries encased in a simple crust that has just the right sweetness. It's a rustic presentation - the crust is rolled, filled, and the edges flipped over the fruit -- it couldn't be simpler! Serve wedges of this crostata with a scoop of ice cream or dollop of whipped cream.

# Pâte Brisée Crust Ingredients

2-1/2 cups all-purpose flour 1 tablespoon sugar 1-1/2 teaspoons Kosher salt 1 cup unsalted butter (2 sticks), well chilled 4-6 tablespoons ice water

### Blueberry Filling

5 cups fresh, blueberries 3 tablespoons sugar 1 tablespoon cornstarch

#### **Crust Topping:**

1 egg for egg wash 1 tablespoon white sugar for crust topping

#### **Directions:**

- 1. PLACE the flour, sugar, and salt in the bowl of the food processor. PULSE to evenly distribute the sugar and salt.
- 2. CUT the butter into 1/2-inch cubes. Use a little of the flour mixture to keep the butter pieces from sticking together. CHILL the cut butter cubes for 15 minutes.
- 3. PREPARE the ice water by filling a small bowl with ice cubes and adding water. STIR until the water is well-chilled.
- 4. PLACE the butter cubes in the food processor with the flour mixture. PULSE 4-5 times to cut the butter into the flour. The flour-butter mixture will be coarse with some pea-sized pieces of butter remaining. (Resist the urge to keep pulsing.)
- 5. ADD 2 tablespoons of the ice water by sprinkling on top of the flour and butter mixture. PULSE 2-3 times. CONTIN-UE adding ice water by the tablespoon pulsing after each addition until a rough dough is formed. Test the dough by pinching together - if it holds together, enough water has been added. If it crumbles apart, add another tablespoon of water. (Avoid adding too much water or pulsing too much.)
- 6. REMOVE the dough from the work bowl gathering it into a rough ball. FLATTEN the dough ball into a disk about a half-inch in thickness and wrap in plastic wrap.
- 7. Forming the Crostata: CHILL the wrapped dough disk for an hour or overnight.
- 8. REMOVE the dough from the refrigerator when ready to bake the crostata and let set for 10 minutes on the countertop while mixing the filling.
- 9. STIR the cornstarch and sugar together, then sprinkle over the fresh blueberries. Gently toss the fruit to distribute the cornstarch/sugar mixture. Set aside while finishing crust preparation.
- 10. ROLL the dough on a lightly floured surface into a 16-inch rough circle with about a 1/8- to 3/16-inch thickness.
- 11. TRANSFER the rolled dough to a baking sheet lined with parchment paper. The sides of the dough may temporarily drape over the edges.
- 12. PLACE the prepared blueberry filling in the center of the crust circle and spread into an even layer leaving a 2 to 2-1/2 inch perimeter of crust free. FOLD the edges of the crust over the filling.
- 13. BEAT an egg with 1 teaspoon of water in a small bowl. BRUSH the egg wash on the crust's surfaces. SPRINKLE with coarse sugar. CHILL the crostata in the refrigerator for about 15 minutes while the oven preheats.
- 15. BAKE the crostata in a 400° oven for 20-25 minutes, checking after 15 minutes. The crust will develop a lovely golden brown color and the filling will be bubbling and slightly thickened. The filling continues to thicken as is cools.
- 16. SERVE warm or cooled to room temperature with a side of vanilla bean ice cream, or sweetened whipped cream.