

kitchen collage

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Roasted Brussels Sprouts with Cranberries & Balsamic Reduction

Serves about 6

Roasted Brussels sprouts are a classic holiday side dish that you are probably very familiar with. We've taken this humble vegetable and dressed it to a new level of deliciousness. The flavor bonus originates from the addition of cranberries, pecans, and a drizzle of a sweet balsamic Dijon reduction.

Ingredients:

1-1/2 pounds fresh Brussels sprouts, cleaned and halved 1 small shallot, minced 3 tablespoons olive oil 1/4 teaspoon Kosher salt 1/8 teaspoon pepper 1 cup pecan halves 1/2 cup dried cranberries

Balsamic Reduction Ingredients:

1/2 cup balsamic vinegar3/4 cup brown sugar3 tablespoons Dijon mustard

Directions:

- 1. Preheat the oven to 400 degrees.
- 2. Toss the cleaned and halved Brussels sprouts with the shallots, olive oil, Kosher salt. and pepper. Roast for 10 minutes in the hot oven.
- 3. Meanwhile, prepare the balsamic Dijon reduction. Bring the balsamic vinegar and sugar to a boil in a small sauce pan. Turn down to a simmer, and cook until the liquid has reduced and becomes thick and syrupy, about 15-20 minutes. Remove from the heat, and whisk in the Dijon mustard until smooth.
- 4. Meanwhile, soak the dried cranberries in 1 cup of hot water until plump, then drain.
- 5. After 10 minutes of roasting the Brussels sprouts, add the plumped cranberries and pecans to the sheet pan and roast for another 5-10 minutes, or until the sprouts have become brown in places and are cooked according to your preference.
- 6. Drizzle the roasted medley with the balsamic reduction and serve immediately.