

kitchen collage

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Orange & Thyme Pork Tenderloin

Serves 4 - 6

Pork tenderloins are perfectly primed for adapting to flavorful marinades. This marinade features fresh orange juice, thyme leaves and a few other classic marinade flavormakers like Dijon mustard, soy sauce, brown sugar, and garlic powder. It's an easy and delicious recipe!

Ingredients:

2 pork tenderloins

Marinade:

- 1 tablespoon Dijon mustard
- 2 cloves garlic, minced
- 2 tablespoons brown sugar
- 2 tablespoons orange juice
- 3 tablespoons soy sauce
- 2 tablespoons olive oil
- 1/2 teaspoon Kosher salt
- 1/2 teaspoon freshly ground black pepper
- 1/2 teaspoon garlic powder
- 4 sprigs of thyme, leaves only

Directions:

- 1. Prepare the marinade in a medium bowl by whisking all of the ingredients together.
- 2. Add the pork tenderloins to the marinade, cover, and refrigerate for at least one hour for the flavors to infuse into the meat.
- 3. Fire up the grill! Let the marinated tenderloins warm to room temperature for 20 minutes before grilling. Place the marinated tenderloins on the hot, well-oiled grill, and sear for 3-4 minutes on each side. Turn until all sides have seared and browned, and then, turn off one burner (or turn to low) to create a direct/indirect environment. Place the seared tenderloins on the cooler, indirect side, and continue to cook until their internal temperature reaches 145 degrees F.
- 4. Once the pork tenderloins reach 145 degrees F, place on a clean plate, and cover loosely with a tinfoil "tent" for about 10 minutes. This allows the meat to rest, and the juices to soak back into the meat.
- 5. Slice the grilled tenderloins, and serve warm.